

Tour de Bintan 2011



Drink Support

General:

- Cyclists are advised to start every stage with two full drink bottles.
- The organizer does not provide drinks at the start of the stage.

Mobile Drink Support:

- Mobile drink support consists of motorbikes handing out drink bottles with water and isotonic drink.
- Category 1, 2 and Women have mobile drink support for stage 1 and 2.
- Category 3 has mobile drink support for stage 2.
- The Challenger Category does not have mobile drink support.
- Mobile drink support starts after the first 30km of the stage and stops 10km before the finish.
- The drink bottles are handed out at the rear of the peloton (or breakaway) only. It is the cyclist's responsibility to move to the back of the peloton to request a drink bottle.
- A cyclist does no longer have mobile drink support, once dropped by the peloton.
- Team or personal support vehicles are not allowed.
- Littering is not allowed. Empty bottles are to be handed back to the mobile drink support vehicles in exchange for new ones.

Static Drink Support:

- Static drink support consists of drink stations with water, isotonic drink and sometimes nutrition. The stations are located on average every 25 kilometer.
- Static drink support is available for all cyclists.
- Cyclists have to come to a full stop if they want to use a drink station.
- A small diversion is created at each drink station to keep the cyclists off the road while using the drink station.
- The drink stations carry a limited number of drink bottles (estimated sufficient to supply the first 200 cyclists that are using the drink station). Once all drink bottles have been handed out, cyclists will need to refill their own bottles.